

Which adult kidney transplant recipients are at greater risk from COVID-19?

Reduce risk by:



Washing your hands



Wearing a face mask



Maintaining appropriate social distancing, being outside and avoiding crowded places

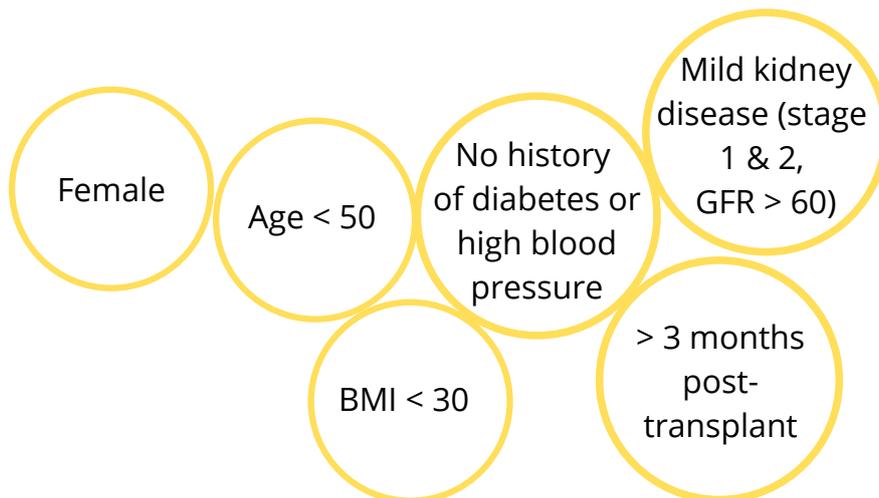


Getting tested if you have symptoms

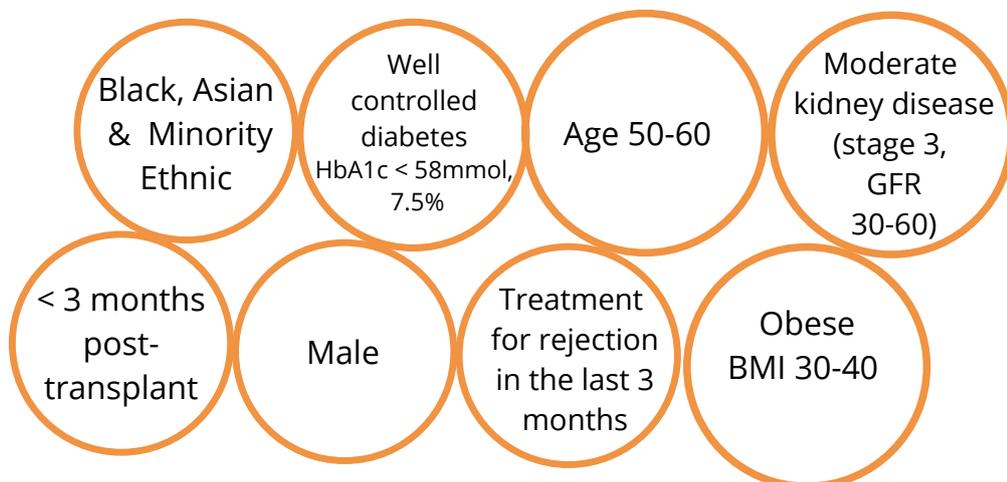


Your level of risk will go up and down with the level of infection in your community. This provides an indication of transplant patient's relative risk of acquiring COVID-19 and having significant complications. The absolute risk as an individual needs to be discussed with your physician. The information is based on data from general population and transplant studies.

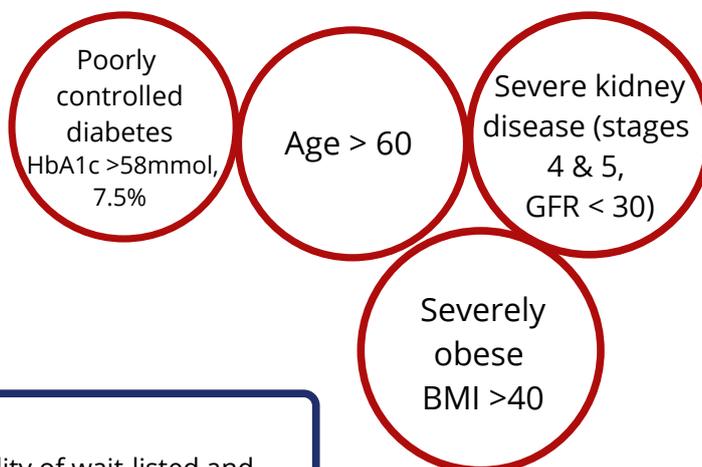
Lower risk



Moderate risk



Higher risk



Data from:

SARS-CoV-2 infection and early mortality of wait-listed and solid organ transplant recipients in England: a national cohort study <https://bit.ly/3mgOHD9>

OpenSAFELY – for more information go to <https://www.nature.com/articles/s41586-020-2521-4>

Developed by The Renal Association, The British Renal Society, The British Transplantation Society, Kidney Care UK and National Kidney Federation in consultation with kidney professionals and patients



Calculate your BMI

<https://www.nhs.uk/live-well/healthy-weight/bmi-calculator/>