

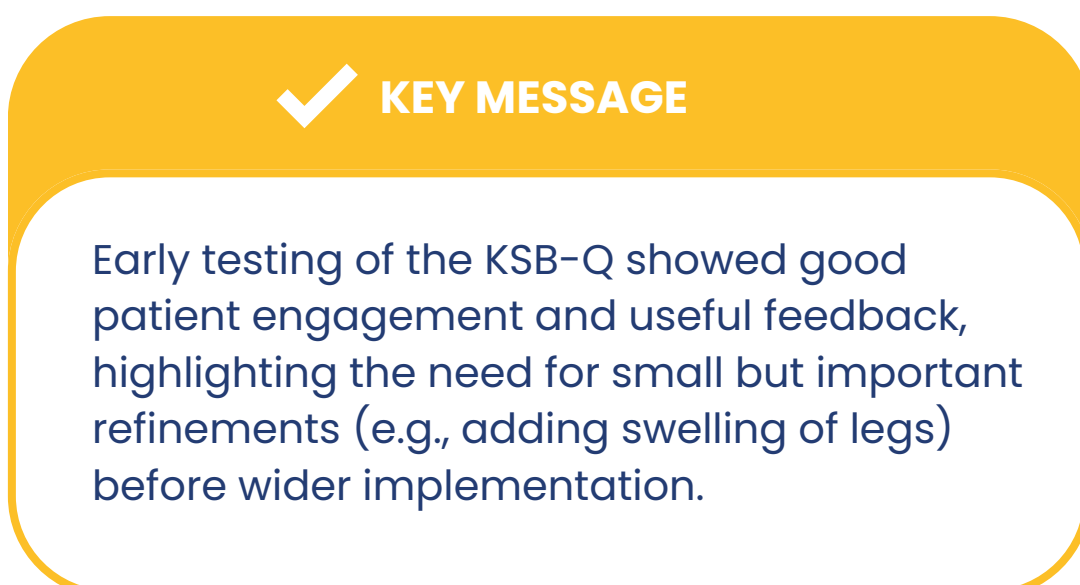
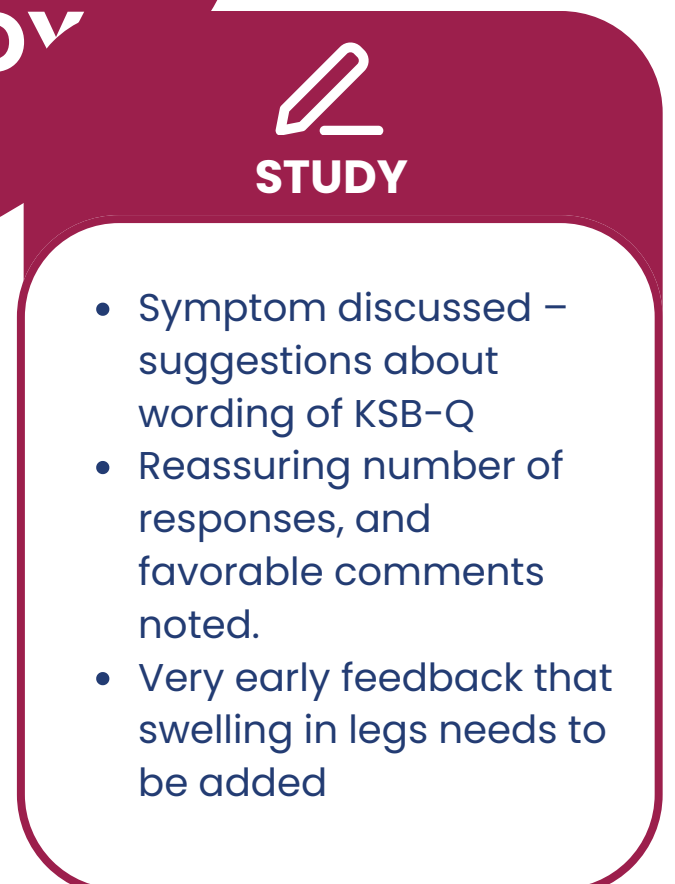
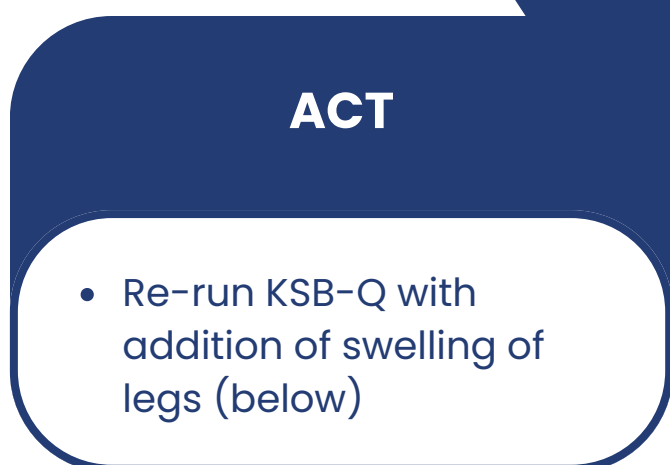
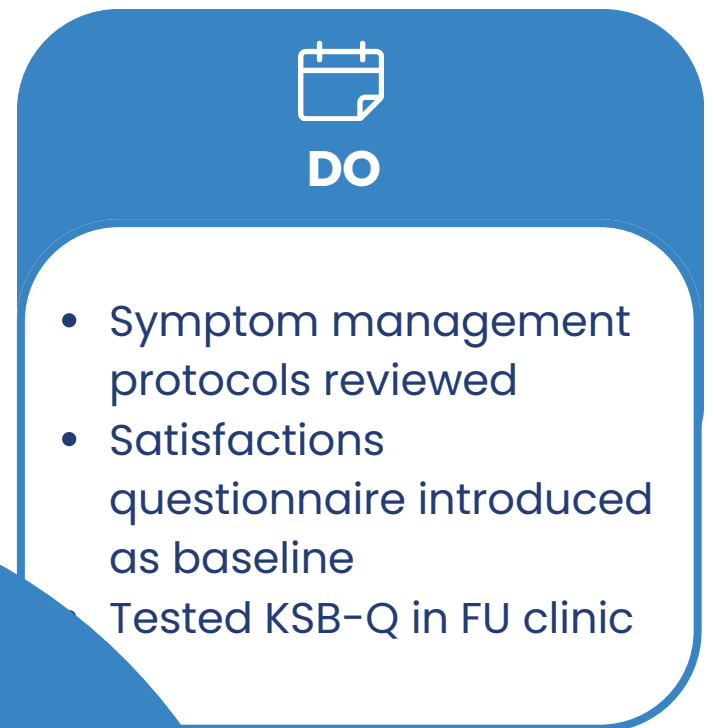
Nottingham

PDSA 1: Assessing & reviewing symptom management tool/ collecting baseline satisfaction

Nottingham: Project Aim:

Year 1 Aim – use symptom questionnaire in AKC clinics, develop symptom management guide

Year 2 Impact – Use symptom management resources to improve patient experience



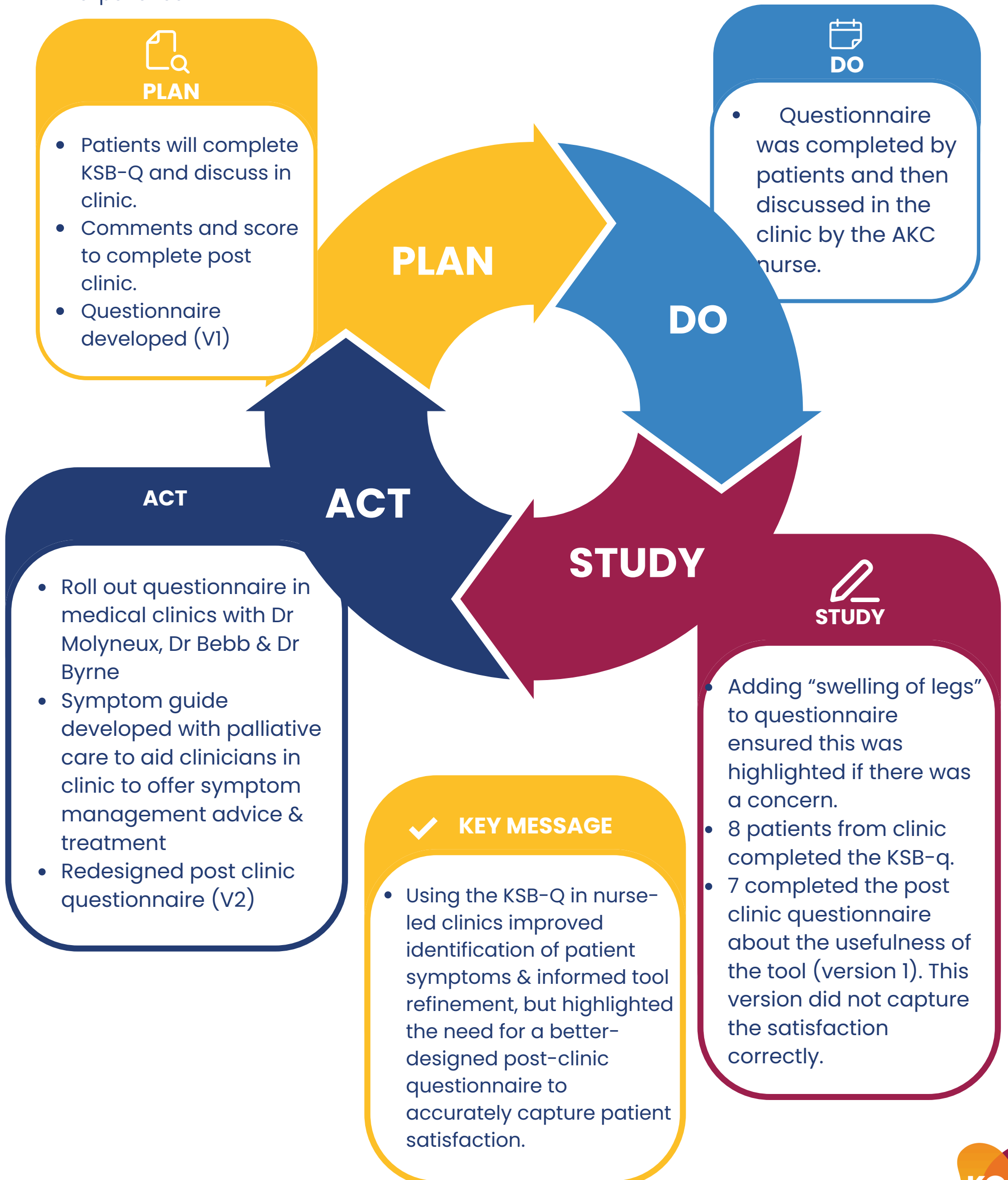
Nottingham

PDSA 2: Nurse led Clinics – Addition of KSB-10 in FU Clinic

Nottingham: Project Aim:

Year 1 Aim – use symptom questionnaire in AKC clinics, develop symptom management guide

Year 2 Impact – Use symptom management resources to improve patient experience



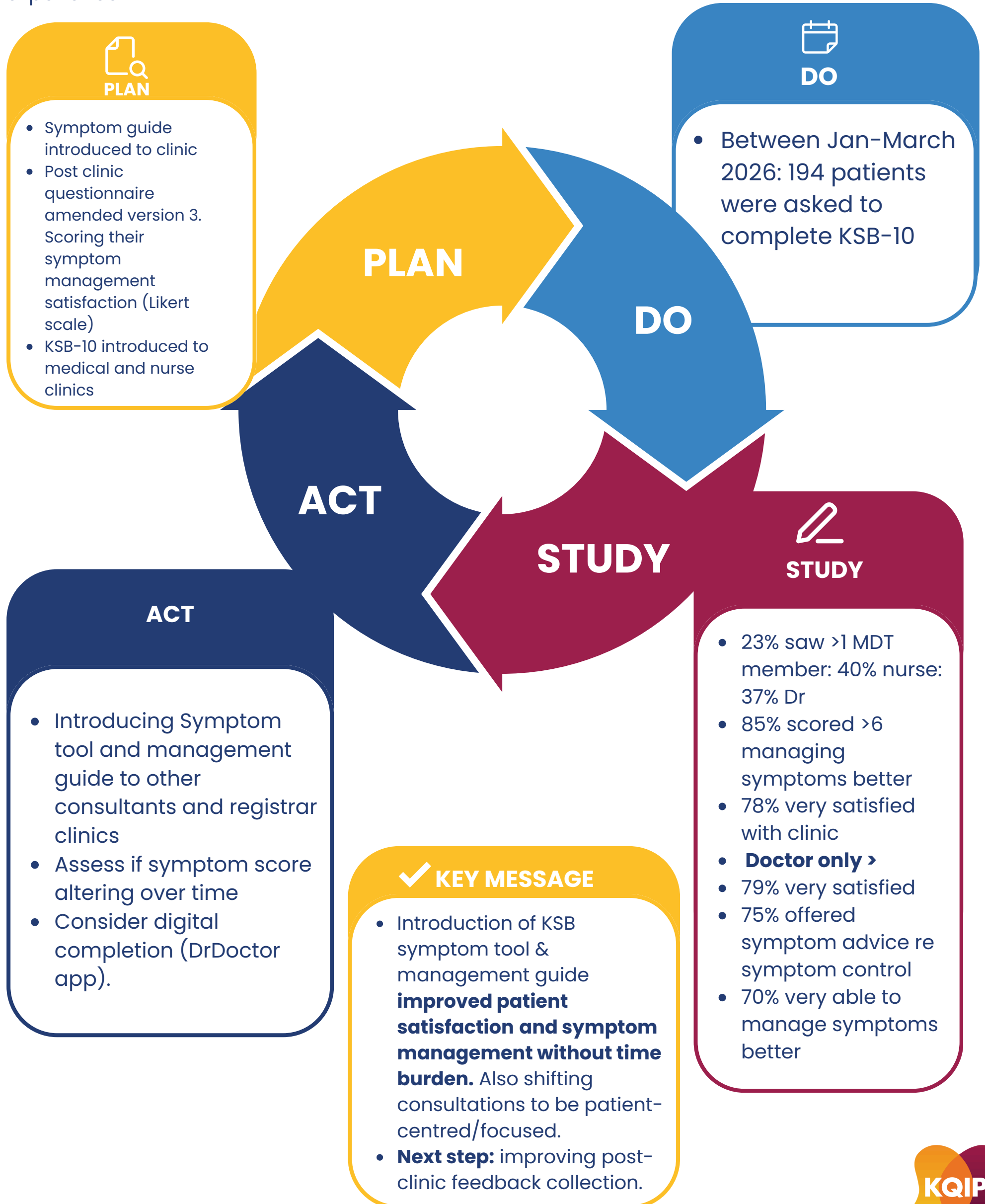
Nottingham

PDSA 3: Post clinic questionnaire – assess if we were able to help with symptoms (version 3)

Nottingham: Project Aim:

Year 1 Aim – use symptom questionnaire in AKC clinics, develop symptom management guide

Year 2 Impact – Use symptom management resources to improve patient experience



Nottingham PDSA 1: Data

Assessing & reviewing symptom management tool/collecting baseline satisfaction

- Initial baseline satisfaction with clinic
 - 21 initial questionnaires
 - All seen by nurse; 1 also seen by dietician
- Expectations
 - Update on condition
 - Information about dialysis
- Any Suggestions
 - Nothing
 - Nurse went above and beyond
 - Beautifully informed

Kidney Symptom Burden Questionnaire (KSB-Q)

Please consider the symptoms listed in the table below.

Please place a mark in the circle that best describes how often the symptom has had an impact on your daily life in the past 7 days.

	Not at all	Rarely	Sometimes	Often	All of the Time
Fatigue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Problems with memory or concentration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Poor sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Skin problems (including itch)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gastrointestinal problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dizziness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restless legs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shortness of breath	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Swelling in the legs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Nottingham PDSA 2: Data

Nurse led Clinics – Addition of KSB-10 in FU Clinic

- Nurse-led Clinic: Addition of KSQ-10 – 60 patient questionnaires

Nottingham PDSA 3

Post clinic questionnaire: assess if we were able to help with symptoms (version 3)

Data – patient experience from nurse led clinics

Key takeaways from data:

- Majority positive: 35 out of 59 patients felt it improved their experience
- Mixed response: 15 felt it partially helped
- Minor negative: Only 9 felt it didn't help

Data – were patient concerns addressed?

Concerns addressed: 55/59 said their concerns were addressed – very strong outcome

Only 1 patient explicitly said concerns weren't addressed (and that was because they had none)

What this suggests: The questionnaire is clearly beneficial overall. Even among those who didn't feel improvement, clinical concerns were still largely addressed.

There may be an opportunity to convert "partially improved" patients into fully satisfied ones

Learning: post survey fatigue
2 surveys – symptom survey & post survey

Data – Jan – Mar 26. MDT clinic. Symptom Management satisfaction

- Between Jan – Mar 194 patients were asked to completed KSQ-10
- 23% saw >1 MDT member; 40% nurse; 37% Dr
- 85% scored >6 managing symptoms better
- 78% very satisfied with clinic
- Doctor only
 - 79% very satisfied
 - 75% offered advise re symptom control
 - 70% very able to manage symptoms better

