

# 9<sup>th</sup> Applied Clinical Nephrology Course

**11<sup>th</sup> and 12<sup>th</sup> July 2026**

**Health Academy, Royal Preston Hospital  
Lancashire Teaching Hospitals NHS Foundation Trust**



**Royal College  
of Physicians**



**UK Kidney Association**

# Introduction

The aim of this course is to provide an interactive comprehensive up to date management of real and challenging clinical cases in nephrology, dialysis, and transplantation. This is an interactive practical rather than just a theoretical course, where applied cases are the core of the teaching that enables fruitful discussions and debates through using Vevox app to create a stress-free interactive environment.

The course provides an excellent opportunity to meet leading UK experts in nephrology.

The course will cover topics that nephrologists and trainees encounter on a day-to-day basis and that are important for consultant practice, trainees preparing for the specialty exit exam in nephrology; the European Specialty Examination in Nephrology (ESENeph). It also includes more ambiguous topics such as ethical aspects around kidney transplantation, living kidney donation, dialysis, AKI, CKD, glomerulonephritis, and a virtual ward rounds! The course is aimed at renal trainees, renal specialists and renal consultants.

## Organiser

Dr Aimun Ahmed, Consultant Nephrologist, Royal Preston  
Hospital, Lancashire Teaching Hospitals NHS Foundation Trust  
Email: [Aimun.Ahmed@lthtr.nhs.uk](mailto:Aimun.Ahmed@lthtr.nhs.uk)

# Programme Day One

## **Saturday 11<sup>th</sup> July 2026**

**8.30-8.50** Welcome and Registration. Tea and coffee on arrival

**8.50-9.00** Introduction (Dr Aimun Ahmed)

**9.00-09.45** Peritoneal Dialysis clinic (Dr Vishnu Jeyalan)

- CAPD / APD Prescription-Debate

**09.45-11.00** Glomerulonephritis cases, Immunosuppression or not (Prof Jeremy Levy) Part 1

- Minimal Change Disease (MCD)
- FSGS
- Membranous Glomerulonephritis (IMD)
- Membrano-proliferative GN (MPGN)
- Ig A Nephropathy

**11.00-11.15** Coffee break

**11.15-13.00** Glomerulonephritis cases, Immunosuppression or not (Prof Jeremy Levy) Part 2

- Lupus Nephritis
- ANCA positive and negative vasculitis
- Anti GBM disease
- Myeloma and Dysproteinaemias

**13.00-14.00** Lunch

**14.00-15.00** (Prof Sunil Bhandari)

- CKD progression
- Inherited and rare kidney diseases

**15.00-16.00** TTP/HUS/aHUS cases (Dr Emma Montgomerie)

**16.00-16.30** Coffee break

**16.30-17.30** Haemodialysis Ward Rounds (Prof Sandip Mitra)

- HD Initiation, schedules & techniques
- Prescribing optimum Haemodialysis

**17.30** End of day 1

# Programme Day Two

**Sunday 12<sup>th</sup> July 2026**

8.45-9.00 Tea and coffee on arrival

**9.00-10.45 Transplant cases (Dr Aimun Ahmed)**

- Transplant immunology
- Transplant follow up management-debate
- To transplant or not-Debate  
Living kidney donor clinic
- To donate or Not
- Ethical dilemmas

10.45-11.00 Coffee break

**11.00-12.00 Acute Kidney Injury, Acid base and Electrolytes  
Disturbances (Dr M EL Sayed)**

**12.00-12.45 Pathology Quiz, cases to debate (Dr Amany Said)**

12.45-13.30 Lunch

**13.30-15.30 Virtual Ward Round Miscellaneous cases for discussion  
(Dr Arvind Ponnusamy) Part 1**

15.30-16.00 Coffee break

**16.00-17.00 Virtual Ward Round Miscellaneous cases for discussion  
(Dr Arvind Ponnusamy) Part 2**

**17.00 End of day 2**

### **To book**

Please complete the application form and return to [surgicalsim@lthtr.nhs.uk](mailto:surgicalsim@lthtr.nhs.uk)

### **Course Fee**

**The course fee is £250 per person including lunch and coffee breaks.**

Places are limited and competitive and are secured upon receipt of full payment. ***You can book for one or both days!***

The course fee is payable by credit card or debit card (not currently American Express). A link to our on-line payment system will be sent to you upon receipt of your completed reservation form.

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11<sup>th</sup> and 12<sup>th</sup> July 2026

## APPLICATION FORM

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Organisation \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Special requirements (e.g. vegetarian food): \_\_\_\_\_

Please return to [surgicalsim@lthtr.nhs.uk](mailto:surgicalsim@lthtr.nhs.uk)