DAYLife
Helping more patients dialyse from home

Kidney Care UK · UKKA UK Kidney Association · nkf National Kidney Federation · FRESENIUS MEDICAL CARE

Peritoneal Dialysis Mentoring Programme



Welcome Pack

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WELCOME

Dear Colleague,

It is a real pleasure to welcome you onto the Peritoneal dialysis Mentoring Programme and we want to thank you for your enthusiasm to participate.

This programme aims to strengthen leadership and capability within your peritoneal dialysis team through a mentoring scheme. Whether you are a mentor or mentee, we hope to give you the knowledge and experience that you can take away to grow your PD programme and continue to deliver high quality care.
The QI training offered within this programme will help you develop a structured framework to understand local challenges, develop solutions and implement changes in a systematic manner to help deliver lasting improvements. We trust you will find the programme of great benefit to you and your centre.

We look forward to hearing your feedback as the project progresses.

Best wishes

Udaya Udayaraj



ABOUT
DAYLife

DAYLife is a national improvement programme which was re-launched in 2022 in partnership with the UK Kidney Association, Fresenius Medical Care, The National Kidney Federation and Kidney Care UK. The programme has adopted the experience based co-design approach working with patients and clinical teams to understanding the priorities and challenges of delivering home therapies.

DAYLife aims to develop tools and resources, foster connections and collaborations and deliver quality improvement training to enable equitable access to home dialysis therapy to support centres in meeting the 20% GIRFT target.

About the PD mentoring Programme

Aim

To enable, accelerate and sustain the growth of peritoneal dialysis programme by connecting renal centres with experienced mentoring centres to exchange knowledge, provide support, and share best practices

Scope

A collaborative 24-month initiative led by the DAYLife team, the project seeks to recruit 5 renal centres and is open to every adult renal centre in the UK.

Objectives

- Establish a mentoring scheme to facilitate the structured growth of PD in five renal centres.
- Evaluate the effectiveness, benefits, challenges of the mentoring scheme
- Develop PD mentoring and QI capability to facilitate scaling up to other renal centres

MEET
OUR TEAM



Dr Udaya Udayaraj

I currently work as a consultant nephrologist and clinical lead for the peritoneal dialysis programme at Oxford University Hospitals NHS trust. I also have a background in quality improvement as Health Foundation Q community member and QSIR (Quality, Service Improvement and Redesign) teaching faculty associate. Within my role as clinical co-lead for KQIP, I lead the DAYLife (Dialysis at Yours: Life Fulfilled) programme to enable more patients to dialysis from home. I am a strong advocate for involving patients in their own care and have enjoyed working with patients in co-designing services and quality improvement initiatives. Shared haemodialysis care is one of the workstreams within DAYLife and I look forward to working with ShareHD team and other key partners to scale up shared care in the UK through this mentoring programme.



Georgina Hamill

Georgina has 15 years of experience of working in healthcare. Prior to joining the UK Kidney Association, Georgina worked for NHS England and NHS Improving Quality specialising in organisational change, quality improvement, learning and development at national, regional and local levels. Since joining the UKKA in 2023 Georgina has been working on the DAYLife programme, working with our partners to accelerate the adoption of home therapies nationally



Kay Elson

Kay has over 15 years experience working in events and communications. Prior to joining the UKKA, Kay worked for a number of organisations including medical devices company Covidien, and the College of Policing. Since joining the KQIP team in 2023, Kay has worked on numerous national programmes, including the National Kidney PREM (Patient Reported Experience Measure), Transform AKC, Transplant First and DAYLife.

PROJECT
CONTACTS

Mentor	Mentee
Nottingham	**Edinburgh**
Jenny Allen	Anna Narkiewicz
Vanessa Watkins	Wendy Metcalfe
	Jill Byrne
Salford	**Sheffield**
David Lewis	Laura Gillis
Rajkumar Chinnadurai	Martin Wilkie
Joanne Collier	Arif Khwaja
London St Helier	**Peterborough**
Bhrigu Sood	Samantha Bradshaw
Louise Ross	Khalid Abdelmagid
Geraldine Mccann	Christine Edwards

PROJECT
CONTACTS

Mentor	Mentee
Oxford	**Devon**
Udaya Udayaraj	Sarah Fowlis
Lois Overton	Lucy
Jayne Woodhouse	Ria Taylor
Dorset	**Bradford**
Aruna Arjunan	Ahsan Syed
Geraldine Endall	Mansoor N Ali
	Raz Bashir
Shrewsbury	**Basildon**
Azharuddin Mohammed	Josie Carter
Katie Howells	Poorva Jain
Elaine Gibson	Linda Lio

PROJECT
AGREEMENT

Clarifying your expectations at the outset of your mentor/mentee relationship will significantly help you to develop a strong and effective partnership. The compact agreement below provides a basis to agree your expectations

We agree to the following:

1. The Mentor/Mentee relationship will last for the duration of the programme (a minimum of 24 months).
2. We will meet virtually and if required face to face at least once every month. Meeting times, once agreed, should not be cancelled unless this is unavoidable. At the end of each meeting we will agree a date for the next meeting.
3. In between meetings we may choose to contact each other by telephone/email at a frequency and preferred timings to be agreed.
5. The content of these meetings will be kept confidential.
6. In our mentor/mentee pair, we agree to be honest and give and receive constructive feedback to each other and develop SMART action plans.
7. In the event our Mentor/Mentee relationship experiences difficulties or becomes ineffective that we cannot resolve in our pair, we will seek the support of the programme team.
8. We are committed to sharing our learning experiences as part of the on-going evaluation by submitting feedback at the end of each meeting.

PROGRAMME
EXPECTATIONS

Setting expectations at the start of a mentoring relationship is crucial for both the mentor and mentee because it establishes a foundation to work from. It might be helpful to discuss these in your first meeting together.

MENTORS

- Commitment to mentorship for the duration of the project and identify a mentoring champion and a deputy
- Participation in the design of the mentoring content
- Attend face to face development day and quarterly virtual development meetings
- Be responsive to mentee centres needs to organise and attend monthly meetings
- Work with mentee centres to generate new and innovative ideas and propose alternative ways of thinking and delivering

MENTEES

- Project ownership, time commitment and identify a nurse lead, deputy and medical lead for the project.
- Appropriate team members to attend Virtual launch, F2F Development day and quartlerly virtual development meetings.
- Nurse lead to organise and attend monthly virtual or F2F meetings with mentors (recommended duration 45-60 minutes)
- Report progress and share learning with DAYLife team through quarterly meetings
- Submit project details and use the knowledge hub to engage in discussions with other mentee centres
- Present project progress to wider renal community at home dialysis summit/UKKW
- Submit the end of the project report on the knowledge hub and for future peer reviewed publications.
- Consider the potential to become mentors at the end of the project for future scaling up of the programme to other centres

PROJECT TIMELINE

2026

FEBRUARY
- 25 February | Virtual Launch event

MARCH
- To be arranged by mentor/mentee | Mentor and Mentee Paired Meeting | 45 mins - 1 hr
- 17 March | RCP Leadership course | 9am-4pm

APRIL
- 21 April | Face to Face Development Day | BCEC, Birmingham 9.30am-4pm

MAY
- To be arranged by mentor/mentee | Mentor and Mentee Paired Meeting | 45 mins - 1 hr

JUNE
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

JULY
- 16 July | Project review quarterly meeting | 2-4pm

AUGUST
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

SEPTEMBER
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

OCTOBER
- 5 October| Project review quarterly meeting | 10-12am

NOVEMBER
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

DECEMBER
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

2027

JANUARY
- 26 January | Project review quarterly meeting | 11am-1pm

FEBRUARY
- To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

PROJECT TIMELINE

2027

MARCH
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

APRIL
20 April | Face to Face development day | TBC

MAY
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

JUNE
24 June | Project review quarterly meeting | 2-4pm

JULY
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

AUGUST
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

SEPTEMBER
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

TBC | F2F | Home Dialysis Summit - promotion and impact

OCTOBER
4 October | Project review quarterly meeting | 2-4pm

NOVEMBER
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

DECEMBER
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

2028

JANUARY
25 January | Project review quarterly meeting | 2-4pm

FEBRUARY
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

MARCH
To be arranged by mentor/mentee | F2F or Virtual | Mentor & Mentee paired meeting |1hr

APRIL
Face to Face End of programme celebration | TBC

MEETING OVERVIEW

Meeting	Programme Dates	Meeting Purpose	Who Needs To Attend - Mentees	Who Needs To Attend - Mentors	How will the programme team collect feedback/impact
Virtual Development Days for all	**21st April 26** **16th July 26** **5th October 26** **26th January 27** **20th April 27** **24th June 27** **4th October 27** **25th January 28**	Learn new skills Mentee units to update on progress. Strengthen relationship between Mentee and Mentor Providing time to focus on progressing PD mentoring project.	1 or more key mentees from your team to update on progress with the PD mentoring project and share learning with the team back at the unit. *This meeting is open to those who didn't get a place on the programme*	1 or more key mentors from your team to learn how other teams are progressing and to report back to own Trust *Guest presenters from other units may be invited to share their expert practice i.e. group B*	Feedback collected from Mentor and Mentee via a google form Data on PD within each unit Both Mentors and Mentees will be asked to document key takeaways and action plans
One-to-One paired Mentor/Mentee meetings	**Monthly - March 2026 to March 2028** **Please note that you will meet together as part of the development meetings.**	Provides a space to address challenges, share insights and develop solutions Allows mentors to share experiences, strategies and best practices Providing time to focus on progressing PD project	These meetings are to be organised by the Mentor and Mentee unit. We would recommend scheduling them for the duration of the project (till March 2028). We would encourage you to think about who in your unit it might be useful to engage with, paired meetings could be organised between a; Consultant & Consultant Matron & Matron Support Worker & Support Worker etc	The key co ordinating mentor will have oversight and ensure that the mentoring is structured well and there is consistency in communication	SMART action plan Mentee and Mentor feedback via Google form A template will support the mentee to reflect on progress, challenges, and key takeaways. This template will capture reflections from Mentee and Mentor to identify areas for improvement within these meetings

PROJECT RESOURCES

There are a wide variety of resources available on the DAYLife knowledge hub to help you, including:

- Meeting recordings and slides
- Mentor/Mentee Templates
- QI Templates
- GROW Templates

These templates aren't mandatory to use but have been created to serve as a structured guide to ensure productive, focused, and meaningful discussions between the Mentees and Mentors. These templates will be confidential; however you might find them helpful to share within your unit to update on discussions and track progress over time.

To download digital versions of any of the templates, please visit the knowledge hub:
DAYLife Knowledge Hub - education.ukkidney.org/course/daylife

We have also created feedback forms for both Mentors and Mentees to help us improve and facilitate the programme. Please complete these after each paired meeting. You can find these in the PD mentoring programme area of the knowledge hub.

DAYLife Knowledge Hub

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DAYLife

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Kidney Care UK

UKKA

UK Kidney Association

nkf

NATIONAL KIDNEY FEDERATION

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